

where we live
HURST★TEXAS

WINTER 2015

Wellness

Library Events

Volunteers in Action



where we live

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City Staff

- Allan Weegar City Manager
- Allan Heindel Deputy City Manager
- Jeff Jones Assistant City Manager
- Clay Caruthers Assistant City Manager
- Ron Haynes Executive Director of Public Works
- Rita Frick City Secretary
- Steve Moore Police Chief
- John Brown Fire Chief
- Matia Messemer Executive Director of Human Resources
- Steve Bowden Executive Director of Economic Development
- Ashleigh Johnson Managing Director of Marketing and Communications



Photos shot by Kara Crane.

On the Cover

Scott and Tricia Gilchrist have been married for almost 5 years. They both grew up in Hurst, attended elementary schools in Hurst, went to Hurst Junior High and graduated from L. D. Bell High School. They also worked at Chisholm Aquatics Center for six years where they were both swim lesson teachers and lifeguards. (Scott was also a head guard). Tricia worked at the Hurst Recreation Center briefly while in college, and both Scott and Tricia grew up taking classes there and attending all of the Hurst functions. "We both especially enjoyed going to the water parks on the 4th of July, a tradition we hope to continue with our children. After we got married we moved to California because Scott was stationed there in the Marine Corps. After we had our first child, Ellie Grace, we moved back to Hurst because we knew that was where we wanted to raise our family!" Gilchrist said. The couple has two daughters, Ellie Grace (2) and Mollie Mae (1), and is expecting their first boy in February. Ellie Grace takes classes at the Rec Center, they frequent the aquatics centers, are at Chisholm Park almost every day and love the Hurst Tree Lighting and Stars and Stripes. The Gilchrists also love shopping at North East Mall and are frequent Target and Sprouts shoppers. They enjoy spending nights away from the kids at the movie theater at the North East Mall. Tricia and the girls attend toddler time at the library on Thursdays, and Ellie Grace goes to "school" (Mother's Day Out) at First Baptist Hurst.

The Gilchrist's love Hurst and the small town feel it offers while still being surrounded by so many amenities. We are proud to feature this family with deep Hurst roots! We met up with the entire family for a fun evening at one of their favorite spots – Chisholm Park!



Mayor's Message

As we prepare to usher in another holiday season and another new year, it amazes me how quickly time flies. It seems like just last week that we were making plans for 2014, and now it's time to prepare for 2015! And we have some pretty exciting plans for the new year! In 2015 we will celebrate the openings of our new Justice Center and the brand-new Chisholm Aquatics Center. You can read all about the new additions to Chisholm on page 16. I know it's chilly outside now, but summer will be here before you know it, and we can't wait to unveil our new centers!

With the frosty temps, it's easy to get in the Christmas shopping mood; we know we are, and as we like to say, *Shop First in Hurst!* It's always important to shop local, and this year it's easier than ever before to navigate around our major shopping destinations, including North East Mall. Every Hurst resident should have recently received their *Retail, Restaurant and Business Guide*. We've listed every Hurst business, along with their information and business category. Not a Hurst resident? Stop by Hurst City Hall today and pick up a copy! This year's guide also has some fantastic coupons to some of your favorite Hurst businesses. Happy holiday shopping, Hurst!

It's hard to believe another year has come and gone, but I guess it's true what they say, "time flies when you're having fun!" It's a pleasure to serve you and your families and I am honored to be Mayor of one of the best cities in Texas. I wish you and yours a very Merry Christmas and a Happy New Year.

— Mayor Richard Ward

City Council

Richard Ward Mayor
Nancy Welton Mayor Pro Tem
David Booe Council Member
Larry Kitchens Council Member
Bill McLendon Council Member
Anna Holzer Council Member
Henry Wilson Council Member

The Social Media Connection

City of Hurst

WEBSITE: www.HurstTX.gov
FACEBOOK: [www.Facebook.com/CityofHurstTX](https://www.facebook.com/CityofHurstTX)
TWITTER: @TheCityofHurst
INSTAGRAM: CityofHurstTX
PINTEREST: www.Pinterest.com/CityofHurstTX

Hurst Public Library

WEBSITE: www.HurstTX.gov/Library
FACEBOOK: [www.Facebook.com/HurstPublicLibrary](https://www.facebook.com/HurstPublicLibrary)
TWITTER: @HurstLibrary
INSTAGRAM: HurstPublicLibrary

Hurst Police Department

FACEBOOK: [www.Facebook.com/CityofHurstPD](https://www.facebook.com/CityofHurstPD)
TWITTER: @HurstPoliceDept

Hurst Conference Center

WEBSITE: www.HurstCC.com
FACEBOOK: [www.Facebook.com/HurstCC](https://www.facebook.com/HurstCC)
INSTAGRAM: HurstConferenceCenter

Hurst Recreation Center

FACEBOOK: [www.Facebook.com/HurstRecreation](https://www.facebook.com/HurstRecreation)

Hurst Fire Department

TWITTER: @HurstFireDept

Other Websites

www.TransformingHurst.com
www.HurstED.com

Hurst Public Library

901 Precinct Line Road, Hurst, TX // 817-788-7300 // www.HurstTX.gov/Library



Teen Zone

Chess Club

5+ Years // 4:00-5:00PM // M

College Night

7th - 12th Graders + Parents

7:00PM // TH // 1/8

Valentine's Crafts for TEENS!

7th - 12th Graders

See what you can make with our craft supplies, recycled magazines, and books! All supplies provided. Special treats, also!

6:00-8:00PM // TH // 2/5

Adult Programs

AARP Tax Assistance

Visit the library to set up your appointment (required).

Noon-4:00PM // Tuesdays // 2/3 - 4/14

Brown Bag Book Club

First Thursday of the month at noon. Meet by the fireplace in the Library Reading Alcove for informal book discussion.

The Rosie Project by Graeme Simsion

Noon // TH // 1/8

Getting Life: An Innocent Man's 25-year Journey from Prison to Peace by Michael Morton

Noon // TH // 2/5

If I Stay by Gayle Forman

Noon // TH // 3/5

We Were Liars by E. Lockhart

Noon // TH // 4/2

Programs For All Ages

HEB ISD Early Release Friday Movie Matinee

Join us for a new release movie on the big screen. Free popcorn! Please contact the library for the movie title!

2:00PM // F // 1/16



Monday, Wednesday, Friday, Saturday: 10:00AM-6:00PM // Tuesday, Thursday: 10:00AM-9:00PM



Make and Take Craft Night

Stop by our table for a FREE Seasonal craft for you to make and take home with you. This craft is for all ages, but our younger library friends may need help from an adult or older sibling. This event will be held in the library lobby.

6:00-7:00PM // TH // 2/12

Masterworks at the Library

Free for all ages, the Masterworks Music Series is an ongoing concert series funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with Arts Council Northeast.

7:00PM // 4th Thursdays

Please contact the library information desk, or check the library Facebook page for more concert information.



Hurst Public Library



Children's Programs

Babygarten

Babies, Birth to 18 Months, with Caregiver

Babygarten is an educational curriculum involving songs, rhymes and activities that help babies with language acquisition and preliteracy skills. Space is limited, so please register at 817-788-7302.

Wednesday Sessions

10:30-11:30AM // W // 1/21-2/25

Saturday Sessions

10:30-11:30AM // S // 1/24-2/28

Chess Club

5+ Years // 4:00-5:00PM // M

Puppet People Workshop

4th - 8th Graders

Calling Puppet People—old and new! Would you like to try your hand—or two—at puppetry? Now's your chance! We'll be working on shows for kids this summer. Call 817-788-7302 to register.

4:00-5:00PM // W // 1/21

4:00-5:00PM // W // 2/18

4:00-5:00PM // W // 3/18

Puppet People Workshop Specials

4th - 8th Graders

Get your hands on what goes into presenting a puppet show from scripts to puppets to performing. Call 817-788-7302 to register.

4:00-5:00PM // T // 1/20

Make a puppet from some common and not so common materials. All you need to bring is your imagination! Call 817-788-7302 to register.

4:00-5:00PM // TH // 1/22

Story Time

3 - 6 Years // 10:45-11:15AM // T

Take Your Child to the Library Day

All Ages

The library—it's more than just a bunch of books (though we think books are great)! Crafts and activities, including a couple of Library tours that take you behind the scenes, will be taking place throughout the day to give you a taste of what the library has for you! **PLUS:** Special guest **Critterman** brings his *Extra Furry* program with live animals at 3 p.m.

10:00AM-6:00PM // S // 2/7



The Book Experience

Family Story Time

Experience stories in many different ways—not just with your eyes and ears!

Hansel and Gretel

7:00PM // T // 12/9

I Love the Night Sky

7:00PM // T // 2/10

Let's Party

7:00PM // T // 3/10

Toddler Time

1 - 3 Years // 10:00-10:30AM // M & TH



Train Car Creations

All Ages

Children of all ages are invited to create their own train cars out of boxes and poster board. A variety of media will be available to design and decorate personal train cars. All participants will be encouraged to show off their creations in the Train Parade on Saturday, January 17.

5:00-8:00PM // T // 1/13

5:00-8:00PM // TH // 1/15

Train Parade

All Ages

The Kids' Express will track around the Library for all to enjoy. Come see the train cars kids and families have made or, better yet, be a part of the fun and create your own train car on January 13 and 15! At the end of the line, participants and viewers are invited to a special party celebrating trains

11:00AM // S // 1/17

L.D. Bell Art Reception

7th - 12th Graders and Art Lovers of All Ages

Thursday, March 5

7 p.m.

Come see art pieces by students from L.D. Bell High School. Share refreshments and mingle with the student artists whose work will be on display for the month of March. Bring a friend!





Winter Kale, Cranberry & Goat Cheese Salad

Ingredients:

(organic recommended)

- 1/3 cup sliced raw almonds
- 2 tablespoons red wine vinegar
- 2 tablespoons orange juice
- 1 tablespoon Dijon mustard
- 1 teaspoon minced shallot
- 1 garlic clove, minced
- Kosher salt
- Freshly ground black pepper
- 2 bunches of kale, rinsed and dried, ribs and stems removed, leaves thinly sliced crosswise
- 1/3 cup dried cranberries
- 4 ounces goat cheese

Instructions:

Preheat the oven to 400°. Spread the almonds evenly on a sheet pan and bake for 5 minutes, or until lightly browned.

Whisk together the vinegar, orange juice, mustard, shallot and garlic for the dressing. Season to taste with salt and pepper.

In a large bowl, toss the kale, toasted almonds, dressing and cranberries. Let sit for 10 minutes, then crumble with goat cheese and serve.

Choose organic ingredients when possible. Nonorganic can have high pesticide residue.

Nutrition Facts: One serving: 230 Calories; 11g Fat; 30g Carbohydrates; 8g Protein; 4g Fiber

Winter Wellness

Try some new habits

Winter temperatures, ice, cold north wind, rain.... Makes you want to go outside doesn't it? Sometimes winter time can bring some blues and lower your desire to stay healthy and thrive! Here are some fun new ideas to try out that might just help you develop a new healthy habit to help you through the winter months!

Mind & Mood:

Did you know that your health is directly connected to your mind and mood? Our bodies are connected mentally and physically. This is especially critical during the winter months when it is easy to feel the blues! Here are a few great strategies to try.

- Start your day out right. Try soft natural light, sunny colors, bright smells and sounds. Even things like eating your breakfast while listening to the sounds of a babbling brook and birds can brighten your day.
- Did you know smells directly affect mood? Surrounding yourself with scents that are bright, light and uplifting but natural so your body responds gently and effectively to them. Simple smells like citrus, lemon-grass, mint, rosemary and other smells help to lift your mood. The natural herbs, fruits and mint plants in your home or office can impact you or try diffusing pure essential oils to have that same powerful effect.
- Taking a moment in our days to get out in the sunshine, even if it is cold, will brighten our mood and impact our vitamin D levels! It also impacts our mental state by experiencing natural light.
- Breathe—taking a moment in your day to close your eyes, calm your muscles and take a moment to focus on the great parts of this season, things like evening time with your family, reading a good book curled up in the warmth, a favorite pair of slippers, gloves or hat to wear, the cold crisp air that makes you think of childhood fun and much more.

- Try laying on a comfy bed, couch or floor and let your body and mind relax. Focus on letting the tension and mental anxiety seep out of your body. Begin at the top of your head and slowly focus from body part to body part all the way to the bottom of your feet to relax and release away the stress.

Body Boosters:

Here are a few quick tips that can move you towards new healthy habits for your body!

Spice up your diet during the winter dull drums.

- Try things like using lots of fresh ginger root and garlic in your cooking to boost your immune system and protect against viruses. Hot peppers are good for enhancing circulation and keeping you warm. Toss plenty of these into your next stir-fry.
- Remember your colors. Try winter squashes with bright colors, pumpkin, cranberries, pomegranates and other fun foods!
- Try out 1 tablespoon of flax meal a day in things like cereal or yogurt in the morning. It helps the body create balance of omega fats, which help support the immune system
- Get moving! Any type of physical activity helps the body and affects the mind!
- Rub your feet. Do you struggle with insomnia? After changing diet, increasing activity and lowering stress, you can try a new technique. Grab some coconut or jojoba oil, add 2 drops of pure lavender and 2 drops of pure cedarwood essential oil and gently massage the bottom of your feet. Cover with your favorite pair of soft socks and rub the rest of your oil on the back of your neck and along your spine! Enjoy a great rest and soft feet!

Senior Center



Veterans at the Hurst Senior Center

Membership Information

Monday, Tuesday, Wednesday, Friday: 7:00AM-7:00PM // Thursday: 7:00AM-9:00PM

The Hurst Senior Citizens Activities Center is open to seniors only, ages 55 and over.

- Membership is required in order to use the Senior Center amenities or participate in activities and programs. (Occasionally, we will offer special programs that are open to the general public.)
- Membership begins the day you register and ends one year from that date. For example, if you register and pay for your membership on February 1, your membership will expire on January 31 of the following year.

Fees for the Senior Center are as follows:

- Hurst Residents – \$20 per membership year. (Equivalent of about \$1.67 per month.)
- Nonresidents – \$80 per membership year. (Equivalent of about \$6.67 per month.)
- These fees include many free classes, programs and activities at the Senior Center, as well as membership to our state-of-the-art fitness room.
- Some classes, programs and activities may require additional fees to cover the cost of supplies, refreshments and/or instructor fees.

Lunch Program

The Senior Center offers a weekly meal program called "A Quick Bite". On Tuesdays, for only \$5, you get a cup of the soup of the day, your choice of the entrée of the day or a sandwich with a bag of chips and a pickle. All lunches come with a dessert. Grab a friend, and stop by the Senior Center for "A Quick Bite"!

The lunch program policies and details are as follows:

- You must register at the front desk for lunch and complete "A Quick Bite" menu selection slip. Payment is expected at the time of registration. Registration can be made from 7 a.m.–7 p.m. on Mondays and from 7–10 a.m. on Tuesdays. No reservations will be taken after 10 a.m.; no exceptions.
- The kitchen staff and volunteers cannot take payments. Please pay for lunch at the front counter and obtain a receipt. The receipt is only valid for the date the lunch was purchased. No refunds or rain checks for lunches will be issued.
- Quantities may be limited and may sell out before 10 a.m.
- All meals are encouraged to be consumed on the premises. Taking food home from the meal site is done at your own risk. To-go boxes are not available.
- Due to health code policies, personal food items cannot be held in the kitchen refrigerators. Lunches will be available for pick-up on Tuesdays between noon and 1 p.m. Lunches not picked up by 1 p.m. must be discarded.



Donor Program

Did you know that you can give to the Senior Center Donation Fund? Donations are used to purchase non-budgeted items for the Senior Center. Donations are recognized through the Donor Board located on the east side wall of the building next to the staff offices. A plaque inscribed with your choice of inscription (space limited) will be placed on the board based on the following levels of donation:

- Bronze – \$250
- Silver – \$500
- Gold – \$1,000
- Platinum – \$2,000+

For more information or to make a donation, contact the Senior Center Director Linda Rea at 817-788-7710.

Regular Programs, Classes, Groups and Activities

"Need to Knows"

The *Senior Pipeline* is the Center's monthly newsletter and calendar. It is full of information on Senior Center programs and activities. The *Senior Pipeline* is not distributed by postal service. The next month's edition of the *Senior Pipeline* is available after 1 p.m. on the 3rd Thursday of the current month. You are welcome to come by anytime during operating hours to get a copy. Most programs and activities do require registration/sign up. Sign ups begin on the first business day of each month at 8 a.m. and continue throughout the month. Some classes and programs fill up fast, so we encourage you to come in early to register for your preferred activities.

Arts & Crafts

- Glass Fusion
- Quilting
- Beading & Glass Jewelry
- Painting and Drawing
- Ceramics

Computer Classes

- Beginning and Intermediate Users, General Overview
- Email
- File Management
- Internet
- Microsoft Word®
- Private Lessons (By Appt. \$5 for 30 minutes.)

Groups

- "The Happy Hatters of Hurst" Friendship Club
- Aircraft & Helicopter Science
- Travel
- Book Club
- Grief Support
- Knot-a-Lot

Fitness Programs

- Zumba™ Gold
- Tai Chi & Yoga
- Fit Start Exercise
- Line Dance, Belly Dance, Hawaiian Dance
- Personal Training
- DVD-led group exercise classes

The Senior Center has many monthly activities. Dances are held on the second and fourth Thursday of every month at 7 p.m. Cost is \$5 at the door, and it's open to the public for ages 55-plus. There are two opportunities for playing FREE bingo each month. Potluck Bingo is always on the first Thursday of the month. Members are asked to bring a side dish or dessert to share. Bingo in the Afternoon is on the third Wednesday of the month and features great prizes and light refreshments. We offer Breakfast Club and Movies & Munchies once a month for only \$3 per person. Space is limited and the menu varies, so check the Senior Pipeline for details.

The Senior Center hosts several open activities, and there are no fees or sign-up required. See the *Senior Pipeline* for day and time details so you can join in on the fun!

- Duplicate & Party Bridge
- Mah-jongg
- Nintendo Wii™ Games
- Dominoes, 42 & Chicken Foot
- Ping-pong
- Canasta
- Billiards



Annual Craft & Holiday Market

On October 25, the Senior Center hosted the much anticipated Annual Craft and Holiday Market. It was a great success with over 80 vendors! Hundreds of shoppers came through the Senior Center for this once a year event that is open to the public of all ages. There was a wide variety of handmade crafts, holiday gifts and artwork. The Senior Center kicked off our canned food drive that day and was proud to make delivery of much needed food items to N.E.E.D. just in time for the holidays.

5th Anniversary Open House

On November 7, the Senior Center celebrated its 5th Anniversary by hosting a great day-long party! Many members took advantage of the celebration and invited non-member family and friends to tour the beautiful facility. Festivities included the debut of our Senior Center logo and unveiling of Senior Center t-shirts available for sale. The celebratory highlight was the Cake and Punch Reception which featured live entertainment and a grand prize package give away.

Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)

2nd Annual Soup & Socks for Seniors

Help to warm the feet of local homebound and isolated seniors by bringing a pair of new socks (men's or women's sizes) to be distributed to those in need from our community. Complimentary soup provided to all sock contributors. Sponsored in part by Homecare Assistance. Please sign up in advance.

11:30 a.m. // 1/29

Black-eyed Peas & Cornbread

Get ready for the New Year by having your lucky black-eyed peas! Sign up in advance so we are sure to have enough "luck" for everyone! **FREE!**

Noon // 12/31

Elvis Exhibit

Members are invited to share their memorabilia. Contact Elaine Wicker at ewicker@hursttx.gov for more details. Exhibit is open Monday-Friday during regular operating hours.

Noon // M-F // 1/5-1/30

Elvis Party

Tribute artist David Allen Credille will be here to entertain you Elvis style. Event will include photo opportunities and more. Please sign up as space is limited. **FREE!**

2 p.m. // 1/23

Exercise Classes

It's that time of year when we all promise ourselves to exercise and get healthier. Let this year be the year you do it! The Senior Center offers a variety of ways to get fit and stay active. For those just getting started, check into our Yoga and Tai Chi classes. Looking for something to really get the cardio system going? Try one of our dance classes: Line Dance (Beginners and Intermediate), Social Dance, Zumba Gold, Belly Dance or Hawaiian Dance. Ready to try some new fitness challenges? Enroll in one of our instructor led group fitness classes: Fit Start I, PiYo, and more new classes on the way. If you are interested in one-on-one training, we also offer personal training and private yoga sessions. Be sure and check out our recently added water classes. Stop by the Senior Center for fee details, specific schedules and to get signed up!

Grandkids Christmas Lunch & Craft

Bring your grandkids to the Senior Center for a Christmas inspired lunch with kid-friendly foods and then make a memorable craft with your grandchild that will be cherished for years to come. \$5 per person (includes both lunch and craft.)

Noon // 12/23

Happy Hatters Christmas Party & Raffle

Join this great group of ladies for a party just for girls. Bring a wrapped gift for the raffle and a side dish to share, main entrée and dessert provided. Party is open to all women (Senior Center membership is required.) Please sign up in advance. Optional \$2 donation can be paid at meeting check-in.

1-3 p.m. // 12/12

Holiday Breakfast & Caroling

Come carol and sing-a-long with Santa (played by Charles Spaulding) as you enjoy a festive morning of Christmas tradition and fare including a pancake station sponsored by Mission Hospice. A special wintery scene painting by Susan Gardens, created right before your eyes, will be raffled at the conclusion of the event. Check the *Senior Pipeline* for menu specifics. \$5 per person. Space is limited, sign up early!

9 a.m. // 12/17

Holiday Dance

Dress up in your finest holiday attire and come to the Senior Center for an evening of music and dance featuring the music of Doc Gibbs. Open to the public, ages 55+. \$5 at the door. Complimentary refreshments provided. No sign up required.

7-9:15 p.m. // 12/11

Line Dance

It's an evening of non-stop line dancing! Join dance instructors Barbara Albright and Judy Ford as they host this fun evening of dancing. Light refreshments provided. \$5 per person, payable at the door.

7-9 p.m. // 12/18

Memorial Service

A special time of remembrance has been planned to honor loved ones that were lost in 2014. Come light a candle to show gratitude for the life they lived and for the time that was shared with them. Please make the Front Desk aware of anyone that should be remembered at this service.

10 a.m. // 1/16

Tamale Making Demo

Sign up early for this annual Senior Center tradition with members Jose & Josie Calvillo. Learn how to prepare authentic Mexican tamales from beginning to end including the making of the filling to rolling and steaming. Each participant will receive hands on experience, the recipe, ½ dozen tamales, and tasting samples during demonstration. \$4 per person. Space is limited, so sign up early.

1-3 p.m. // 12/8



Senior Center T-Shirts

Show your support of the Hurst Senior Center by wearing one of our new T-shirts! Available in sizes S-3XL for only \$15! Call or stop by the Senior Center for more info!



Holiday

SAFETY TIPS



This holiday season, don't let the spirit of giving lull you into giving burglars, muggers and pickpockets a better chance to do their dirty work. Crooks love the holidays as much as everyone else, but chiefly because it's an opportune time for crime.

The holidays are a time for giving, sharing, cheer and fun. Unfortunately if you let down your safety guard, you could become a victim of crime. Here are some tips to make the upcoming shopping season safe and happy.

IF YOU ARE TRAVELING:

- Get an automatic timer for your lights.
- Ask a neighbor to watch your home.
- Don't forget to have mail and newspaper delivery stopped. If it piles up, it's a sure sign that you're gone.

IF YOU ARE OUT FOR THE EVENING:

- Turn on lights and a radio or TV so it looks like someone's home.
- Be extra cautious about locking doors and windows when you leave, even if it's just for a few minutes.
- Don't display gifts where they can be seen from outside.





*Don't be
a Holiday
Victim*

Courtesy of Hurst Police Department,
Community Services Division, 817-788-7342

IF YOU'RE OUT SHOPPING:

- Stay alert and don't allow yourself to become distracted. Stay off your cell phone.
- Park in a well-lighted area.
- Lock your vehicle doors.
- If you have an alarm, use it.
- If possible, return to your vehicle in groups.
- When returning to your vehicle, have your keys out and ready.
- Check the front and back floor areas of your vehicle before entering.
- If you have packages stored in your vehicle, make sure they are hidden.
- If you see anything suspicious, call 9-1-1 or return to the store and call for security.
- Shopping with kids? Teach them to go to a store clerk or security guard if you get separated.

IF YOU'RE SHOPPING ONLINE:

- Shop with known, reputable firms.
- Confirm phone numbers and addresses so you have another way to contact the company should something go wrong.
- Provide personal information sparingly. Online vendors do not need your Social Security or driver's license numbers.
- Only use secure servers. Look for the unbroken key or padlock at the bottom of the browser window.
- Make sure you understand all shipping charges, taxes and delivery dates.
- Schedule deliveries when you will be home, arrange for deliveries to your business or set up a time that you can pick up the package from the delivery service.
- When making online purchases, use a credit card – not your debit card. If the wrong person gets your debit card information, your bank account could be depleted. Protection plans are offered with credit cards.



Chisholm Aquatics Center

Construction is under way for the new Chisholm Aquatics Center! Undergoing an \$8 million renovation due to major system costs after nearly 20 years of operation, the new modern facility is expected to open in May 2015. The renovated Aquatics Center will preserve the community park feel and capitalize on the park surroundings. It will contain shallow, intermediate, and deep water areas with the following features:

- Family Beach Pool and Play Structure
- Lazy River
- Teen Beach
- Large Slide Tower with Family Water Slides and Drop Slide
- Covered Tot Pool
- Diving Pool
- Large Bath House
- 4 Pavilions
- Covered Seating and Cabanas
- Concessions



Chisholm under construction—November, 2014.

Focusing on our Multi-Family Communities in 2015



Building Inspections joined with the Hurst Police Department and 6 Stones Ministries at Vivagene Copeland Park last October for National Night Out and had a great time visiting with so many of the residents from the nearby apartment communities.

2015 promises to be an exciting year as our Multi-Family Building Inspectors roll out new requirements affecting the 32 different apartment communities in Hurst. With over 5,700 rental units including single family, duplexes and fourplexes, updating our codes to address life safety concerns and quality of life concerns was important to us.

You can expect to see our inspectors out and about a lot more in the coming months as the new program gets under way.

Some of the changes our apartment residents may see right away include fire suppression devices over all cook tops, easier to find and read building and apartment numbers and back ground checks for new residents and renewals.

It's been 20 years since Hurst made any major changes to the Multi-Family Housing Ordinance and 24 of our 32 apartment complexes were built before 1980. It was time to make sure our city codes were keeping up with the needs of citizens residing in these communities. In harmony with the Hurst Police Department's Crime Free Multi-Family initiative, we hope to do just that.

For more information, please visit our web site www.hursttx.gov under Public Works then Building Inspections.

New City Budget Adopted

Positive property value trend, continued economic and financial improvement and general fund revenue increase reflected in newly adopted budget for 2014/15

The City of Hurst remains fiscally sound and City Council and staff remain dedicated to customer service while placing special emphasis on economic redevelopment.

The adopted budget for the 2014/2015 fiscal year shows signs of continued economic and financial improvement. Ground still needs to be made up to return to pre-recession conditions; however, General Fund revenues are estimated to increase by 2.24% in the upcoming budget year. Property values continue to trend in a positive manner, increasing 3.86% over the prior fiscal year. Due in part to this increase, the City adopted a tax rate decrease of approximately a quarter cent to \$0.606 which puts the City's property tax rate at the same level as 1992. Sales tax revenues continue to increase at a rate of approximately 2% per year, but annual collections remain lower than those earned prior to the economic downturn. The City's conservative budget approach and strategic planning ensures ongoing delivery of quality services as revenues fluctuate with changes in economic conditions. Other revenue such as franchise fees and charges for services remain stable at this time.

The City's operating budget will again fund capital equipment purchases and infrastructure maintenance. Approximately \$700,000 is allocated to street and traffic

signal maintenance. An additional \$1.2 million collected through storm drainage utility fees will be utilized to provide for the completion of storm drainage maintenance and improvement projects. The Fiscal Year 2014/15 budget also provides funding for approximately \$250,000 of capital equipment for Police and Fire operations. The funding of capital equipment and infrastructure maintenance costs through the operating budget minimizes the amount of debt carried by the City. The Fiscal Year 2014/15 General Fund budget also includes funding to open and operate the new, voter approved, Justice Center. Hurst Citizens will continue to experience all the services and programs that they enjoy and expect.

The City followed all applicable Truth-in-Taxation requirements in setting the new tax rate of 60.6 cents. The City



General Fund

“Where the Money Goes”

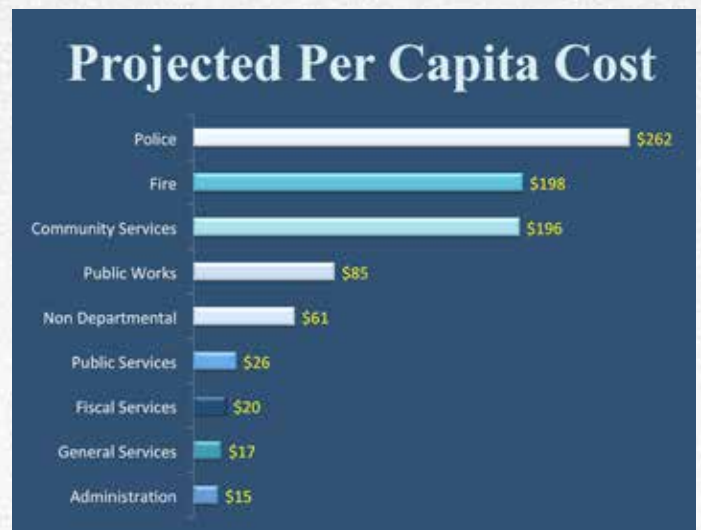


continues to provide \$2.6 million in relief to taxpayers through the 20% homestead exemption, senior/disabled exemption, senior/disabled tax freeze, veteran's survivor exemption and other qualifying exemptions. The City's tax rate reductions during the past 20 years also provided property taxpayer savings of over \$20 million.

Redevelopment efforts, collectively known as Transforming Hurst, remain a primary focus for the City of Hurst. The Transforming Hurst program has already resulted in the opening of several new facilities including the new Fire Station No. 2, Senior Center at Heritage Village and the Hurst Conference Center. The HCC continues to exceed financial expectations in its fifth year of operations with space being leased for proms, weddings, banquets, corporate meetings,

ticketed entertainment and other events. The Senior Center has also proven to be a wonderful amenity for the community. As membership continues to grow, the Senior Center was also the catalyst for additional private development within Heritage Village. In March 2014, Heritage Village Residences opened providing persons fifty-five years of age or older a wonderful housing option that includes an indoor swimming pool and other amenities. Members of the Senior Center are offered the opportunity to utilize the swimming area for exercise and recreation during scheduled hours.

In 2012, voters approved \$16.5 million in General Obligation Bonds to construct a new Justice Center with related parking area. In 2014, the city also issued \$7.5 million in Certificates of Obligation to support the reconstruction of Chisholm



Aquatic Center. The Justice Center (voter-approved) and Chisholm Aquatics Center represent the only new projects receiving bond proceeds over the past five years. All other bond issuances, since 2010, were completed to refinance existing debt resulting in interest savings of approximately \$1.2 Million. Debt refinancing was performed to receive lower interest rates while maintaining or shortening the duration of debt payments. The average homeowner pays approximately \$3 per week to finance streets, sidewalks, storm drainage systems, public safety facilities and other infrastructure supported by property tax revenue.

There are several other projects throughout the City that are underway or are in the planning process, including: Pipeline Road Reconstruction, Animal Shelter Expansion, street and drainage maintenance across the City that will address aging infrastructure; Neighborhood Redevelopment and Revitalization through the CPR (Community Powered Revitalization) and Employee Giving Day Programs; and the Hurst Police Storefront in the Bellaire area.

The City of Hurst will remain competitive, focused on attracting new and expanded business and making sure that superior customer service is a priority.

The Social Media Connection

Are you a social butterfly? We are too.

Facebook:

City of Hurst: <http://www.facebook.com/cityofhursttx>

Police Department: <http://www.facebook.com/CityofHurstPD>

Library: <http://www.facebook.com/HurstPublicLibrary>

Conference Center: <http://www.facebook.com/hurstcc>

Recreation Center: <http://www.facebook.com/HurstRecreation>

Youth In Government: <http://www.facebook.com/YouthinGovernment>

Twitter:

@TheCityofHurst

@HurstFireDept

@HurstLibrary

@HurstPoliceDept

Instagram:

cityofhursttx

hurstpubliclibrary

hurstconferencecenter

Pinterest:

www.pinterest.com/CityofHurstTX

www.pinterest.com/HurstCC





Justice Center **UPDATE**

The Hurst Justice Center is nearing completion and ready for business! Police and Court staff will be moving into the new facility next month and hope to be fully operational right after the first of the year.

The next phase (existing building) will begin in earnest about a month after that, likely early February.

Community Emergency Response Team (CERT)

Hurst is looking for citizens who want to join CERT. CERT training is designed to help citizens help themselves and their families in the event of a disaster. The next CERT class will be this spring. For more information on CERT, including class details, visit www.hursttx.gov/CERT or call the Fire Department at 817-788-7238.





It's the holidays

Cease the Grease

The holiday season is a great time to CEASE THE GREASE.

Please avoid pouring fats, oil, grease or food scraps into your sink or toilet. These materials are generated during food preparation and do not mix well with water. These materials can also build up and block your sewer pipe coming from your home causing sewer overflows inside your home and can even clog the city sewer mains causing spills into our streets and streams. Sure, you think your garbage disposal can handle it. And yes, it is a liquid. But these oils can build up along your pipes and eventually cause clogs that can be hard to get rid of. Fats are the most notorious for this because they are sticky and solidify into a gooey mess when cool.

Here's what we recommend instead: Take a cardboard milk carton, or even a plastic one, and cut off the top portion of it so that the opening is wide enough for you to easily pour grease and oil into it without spilling. For those disposable fast food cups, just take the lid off and you're good to go. If the grease or oil is in liquid form, simply pour it into your carton or cup. Carefully dispose of the carton with the grease or oil with the rest of your trash/garbage. If the fat has solidified, scrape it off of your pan/pot straight into your garbage can. You can scrape it into a container if that makes you feel better.

For more information on disposing of Fats, Oils and Greases please call Environmental Services at 817-788-7217 or 817-788-7237.

TAAF Platinum Member City of the Year

Hurst receives award for athletic programs

The City Of Hurst was recently named the Texas Amateur Athletic Federation (TAAF) Platinum Member City of the Year. TAAF is a nonprofit organization established in 1925 to promote, organize and conduct amateur athletics in the state of Texas. The Platinum Member City of the Year award is given to cities that show a commitment to TAAF by registering teams, hosting state tournaments and having employees involved in the organization. The City of Hurst is a regular host of TAAF State adult basketball and softball tournaments and registers over 550 adult teams annually. Current staff involvement includes serving on numerous state committees, holding titles of State Commissioner of Tennis as well as, State Commissioner of Swimming and President-Elect of the Federation. The City Of Hurst is a past recipient of Gold, Silver and Bronze Member City awards.





Employee Giving Day *Volunteers help seniors with home repairs*

The City of Hurst's 17th Annual Employee Giving Day is just around the corner. This annual event takes place every spring and since it began in 1998, we have helped revitalize older areas of the city as well as help our senior citizens make the needed repairs to their home's exteriors. Over the last 17 years we have assisted more than 90 homes, and we are just getting started! Work on the homes mainly consists of landscaping, clean up, scraping and painting. Many of our

area businesses donate the cash and supplies needed for this event and city employees provide the labor. We are proud of the work our employees do, and we thank all of our local businesses who help to make it possible year after year. This year's Annual Employee Giving Day will take place on April 17. For more information on how you can get involved, or to nominate your home or someone you know for consideration, please call Michelle Lazo at 817-788-7055.

Special Delivery *Retail Guide*

"Shop First in Hurst" is more than just a catchy phrase. It's our mantra at the City of Hurst. With so much to offer in Hurst, why shop anywhere else? We showcase our wide variety of businesses each year in our *Restaurant, Retail and Business Guide*. Every mailbox in Hurst should have recently received this annual guide, complete with addresses and phone numbers of each business in Hurst. Didn't get yours or would you like an extra copy? Call 817-788-7025 and we'll make sure you get another copy. We publish the guide each year at no cost to businesses. The guide is also available online with the most up-to-date information at www.hursttx.gov/businessguide. Now that the holidays are here, make "shop first in Hurst" your mantra.



Volunteers-In-Action

Great volunteer opportunities available

Did you know that pledging to volunteer more is one of the most common New Year's resolutions? If this was your resolution, the City of Hurst's Volunteers-In-Action program can help you accomplish it! The Volunteers-In-Action program provides an opportunity for you to support your community while learning more about City of Hurst operations. The City of Hurst's Volunteers-In-Action Program utilizes volunteers in a wide variety of departments including:

- Police
- Hurst Conference Center
- Library
- Parks
- Fire
- Recreation
- Finance
- Senior Center

Volunteer application packets can be picked up at the Community Services' offices in the Hurst Public Library or accessed online through the City's website at www.hursttx.gov. For more information, please contact the Community Services Department at 817-788-7305.

Youth in Government

We kicked off our 2014-2015 Youth In Government program in October, and we can't wait for the new year to unfold! Thirteen years ago, the Hurst City Council started this dynamic program that has given students unique opportunities to meet local officials, make new friends, learn about how local government works and serve the community through various service projects around the city. We have such a diverse group of juniors and seniors this year—students who are involved in band, drill team, step team, swim, basketball, National Honor Society, chess club, tennis, wrestling, golf, theatre, soccer, football and more! This program is free and open to all juniors and seniors who live in Hurst or attend a school in one of the four districts that serve Hurst. At least one



\$1,000 scholarship will be awarded to a senior in the spring. This year's program is currently closed to new applicants, but we will keep you updated when we begin taking applications for next year's class.

YOU'VE SEEN ENOUGH RED.



NOW, ENJOY SOME
GREEN.



THE ROAD CONSTRUCTION IS FINALLY FINISHED!

Thanks to everyone for your patience and for continuing to make Hurst your shopping destination through all the red lights, yellow tape and orange cones. Please enjoy the other color of the season. Happy holidays, and thanks again for shopping Hurst!

VISIT SHOPHURSTTX.COM FOR UP-TO-DATE INFORMATION



HURST RECREATION CENTER

Improve your personal health, wellness and fitness
at the Hurst Recreation Center

If your New Year's resolution is to improve your personal health, wellness and fitness, the Hurst Recreation Center is the place for you. Our very affordable rates for both annual and daily passes will help you accomplish all of your resolutions including the one to save more money in 2015! Try out our state-of-the-art Fitness Center or the indoor Jogging/Walking Track. Our Cardio Room has treadmills, elliptical crosstrainers, lateral trainers, bikes, stairclimbers, rowing machines and seated crosstrainers. All of our treadmills and elliptical crosstrainers now have 15" LCD screens, which enable you to watch television, or use your iPod while working out. There is also an extensive selection of machined weights and plate-loaded strength equipment, as well as dumbbells and flexibility equipment to round-out your total fitness program. Check out the class listings for all of the opportunities to burn a few, or more than a few, calories in one or more of our fitness classes.

While you are at the Recreation Center, you can also enjoy a variety of recreational activities. You can shoot some hoops, enjoy volleyball with your friends, play racquetball, walleyball, pickleball or table tennis. Equipment used to participate in these activities is available for check out with your "Quality of Life" Rec Card at the front desk of the Recreation Center. Do

you have a group of friends who enjoy playing basketball? Get a team together and play in the Hurst Recreation Division's Adult Basketball League.

If you need a little extra motivation to reach your fitness goals, the Hurst Recreation Center has personal trainers who are available to custom-design a fitness plan that will meet your needs. For more information, contact the Front Desk at the Recreation Center 817-788-7325.

Our Commitment to Quality

Your satisfaction is our goal... we strive to provide you with quality recreation programs, and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational and lifelong learning opportunities. If you are not completely satisfied with your recreational experience, please call us at 817-788-7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.

Classes begin the week of January 12 (unless otherwise indicated)



Hours of Operation

Monday-Thursday // 6:30AM-10:00PM

Friday // 6:30AM-6:00PM

Saturday // 9:00AM-6:00PM

Sunday // 1:00PM-6:00PM

Contact Information

700 Mary Drive
Hurst, TX 76053
817-788-7325

Recreation Center Fees

Hurst Residents

Daily Pass: **\$2**

Youth Annual Pass (6-15 Years):
\$20 Per Year

Adult Annual Pass (16-64 Years):
\$50 Per Year

Senior Annual Pass (65+ Years):
\$20 Per Year

Family Annual Pass:
\$125 Per Year

Replacement Card Fee: **\$5**

Non-Hurst Residents

Daily Pass: **\$10**

Youth Annual Pass (6-15 Years):
\$80 Per Year

Adult Annual Pass (16-64 Years):
\$200 Per Year

Senior Annual Pass (65+ Years):
\$80 Per Year

Replacement Card Fee: **\$5**

Help Us Help You!
Please Enroll Early

Help us keep your favorite classes around by enrolling early. There is a point when a class must be cancelled due to low enrollment. Help us prevent class cancellations by registering early!

3 Years and Younger Programs

Awesome Twos

2 Years // Supply Fee \$10

Let's get together and play! We will learn our shapes and colors, create crafts and just have a blast playing and learning at the same time!

Instructor: Dottie Nicholson

11090-A

9:00-9:45AM // M // 8WKS // 1/12 // \$30

Cars for 2's & 3's

2 - 3 Years // Supply Fee \$10

The love of cars starts at an early age and now little ones have their own class. This is a play class that helps them learn social skills.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11075-A

10:30-11:15AM // W // 8WKS // 1/14 // \$28

Crazy Daisy Winter Fun

18 Months - 2 Years // Supply Fee \$5

Let's have fun while developing our fine motor skills through fun craft projects! We will complete our craft projects by using scissors, pens, paints and pencils.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11015-A

10:00-10:30AM // W // 8WKS // 1/14 // \$28

Happy Feet

2 Years

Let's get those feet tapping and those bodies moving! We will have fun with music and movement while working on the development of our gross motor skills.

Instructor: Dottie Nicholson

11095-A

9:00-9:30AM // F // 8WKS // 1/16 // \$28

Little Painters

2 Years // Supply Fee \$5

We'll create masterpieces using finger paints, stencils, sponges and even rocks!

Instructor: Dottie Nicholson

11333-A

10:00-10:30AM // M // 8WKS // 1/12 // \$28

Mom and Me Soccer

1 - 2 Years // Tennis Shoes Required

Time to not only play with your tot, but get some exercise as well! We will learn the basics of soccer and how to make a GOOOOOOAAAAALLLLL!

Instructor: Stacie Castillo

11700-A

8:30-9:00AM // F // 8WKS // 1/16 // \$28



3 Years and Younger Programs

Music Maker – Winter Fun

18 Months - 2 Years

Music is a proven educator for children of all ages. Come learn how to march, dance, move and groove. Music helps your fine and gross motor skills, direction and spatial concepts. We will make a new instrument each week to take home.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11110-A
10:30-11:00AM // W // 8WKS // 1/14 // \$28

»»» Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.

Numbers for Little Ones

2 - 3 Years // Supply Fee \$5

Come create fun projects to help with number concepts. Let's learn your numbers and their value.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11123-A
9:30-10:00AM // W // 8WKS // 1/14 // \$28

GYMNASTICS

Parent/Tot Tumbling

16 - 36 Mos // One Child Per Parent

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling and coordination.

Instructor: Tammy Slovensky

31040-A
9:30-10:00AM // T // 8WKS // 1/13 // \$28
31040-B
11:30-Noon // T // 8WKS // 1/13 // \$28
31040-C
9:30-10:00AM // W // 8WKS // 1/14 // \$28
31040-D
9:30-10:00AM // TH // 8WKS // 1/15 // \$28
31040-E
9:30-10:00AM // F // 8WKS // 1/16 // \$28

Instructor: Miranda Slovensky

31040-F
9:30-10:00AM // M // 8WKS // 1/12 // \$28
31040-G
5:00-5:30PM // T // 8WKS // 1/13 // \$28
31040-H
6:30-7:00PM // TH // 8WKS // 1/15 // \$28

Instructor: Milli Slovensky & Breanna McGranahan

31040-I
5:00-5:30PM // M // 8WKS // 1/12 // \$28

Phonics Fun for Little Ones

2 - 3 Years // Supply Fee \$5

Come learn your letters and sounds with fun projects. We will work together to learn our letters.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11045-A
9:00-9:30AM // W // 8WKS // 1/14 // \$28

GYMNASTICS

Tiny Tykes

2.5 - 3.5 Years

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

Instructor: Tammy Slovensky

31030-A
10:00-10:30AM // T // 8WKS // 1/13 // \$28
31030-B
10:00-10:30AM // W // 8WKS // 1/14 // \$28
31030-C
10:00-10:30AM // TH // 8WKS // 1/15 // \$28
31030-D
10:00-10:30AM // F // 8WKS // 1/16 // \$28
31030-E
11:30-Noon // F // 8WKS // 1/16 // \$28

Instructor: Miranda Slovensky

31030-F
10:00-10:30AM // M // 8WKS // 1/12 // \$28
31030-G
5:30-6:00PM // T // 8WKS // 1/13 // \$28
31030-H
6:00-6:30PM // TH // 8WKS // 1/15 // \$28

Instructor: Milli Slovensky & Breanna McGranahan

31030-I
4:30-5:00PM // M // 8WKS // 1/12 // \$28
31030-J
5:00-5:30PM // W // 8WKS // 1/14 // \$28



3 Years and Older Programs

Ballet for Tots

3 - 5 Years // Ballet Shoes Required

In this class, your tot will become familiar with basic barre and center work. We will also work on counting, tempo, distinguishing our right from our left and other foundational dance concepts.

Instructor: LaTisha Clay

11180-A

10:30-11:00AM // F // 8WKS // 1/16 // \$30

11180-B

11:30-Noon // F // 8WKS // 1/16 // \$30

11180-C

Noon-12:30PM // F // 8WKS // 1/16 // \$30

Claytime Fun

3 - 6 Years // Supply Fee \$10

Does your preschooler need work on those fine motor skills? Clay is a great tool for working on those skills while having fun. Your child will bring home projects created in class.

Instructor: Dottie Nicholson

11145-A

9:45-10:15AM // W // 8WKS // 1/14 // \$28

Creative Healthy Chef

3 - 5 Years // Supply Fee \$10

Calling all pre-schoolers to the kitchen for some fun! Come learn how to create a healthy breakfast, lunch and dinner.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11170-A

10:30-11:15AM // T // 8WKS // 1/13 // \$30



Hands-On Math

3 - 5 Years // Supply Fee \$5

Let's learn numbers the fun way! We will learn to add, subtract and count. We will also use musical instruments to help us have fun while learning!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11205-A

9:45-10:30AM // M // 8WKS // 1/12 // \$30

11205-B

9:45-10:30AM // TH // 8WKS // 1/15 // \$30

Hotwheelers

4 - 6 Years // Supply Fee \$10

Vroom! Vroom! Calling all car enthusiasts for a fun time playing, crafting, stories and games all about cars!

Instructor: Dottie Nicholson

11400-A

11:15-Noon // W // 8WKS // 1/14 // \$28

International Cooking

3 - 6 Years // Supply Fee \$10

We will learn about different countries and what kids there like to eat. We might even make something that you already like to eat!

Instructor: Dottie Nicholson

11250-A

10:45-11:30AM // F // 8WKS // 1/16 // \$28

Kindergarten Fine Motor Skills

3 - 5 Years // Supply Fee \$5

Let's get ready for kindergarten by using scissors, paints and colors. We will make winter projects by using our fine motor skills.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11120-A

9:30-10:15AM // T // 8WKS // 1/13 // \$30

3 Years and Older Programs

Let's Get Moving

3 - 5 Years

Come learn to have fun while moving our bodies. "Drill Sergeant Mary" will lead the way through relays and games. We will also work on waiting in lines, following directions and our manners.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11100-A
11:30-Noon // T // 8WKS // 1/13 // \$28

Let's Paint

4 - 6 Years // Supply Fee \$5

We'll create masterpieces using finger paints, stencils, sponges and even rocks!

Instructor: Dottie Nicholson

11115-A
10:30-11:00AM // M // 8WKS // 1/12 // \$28

Little Tyke Basketball

4 - 6 Years // Athletic Shoes Required

Dribbling, passing and shooting are all part of the basics of basketball. Let's give it a try!

Instructor: Stacie Castillo

11335-A
10:00-10:30AM // F // 8WKS // 1/16 // \$28

Little Tyke Soccer

3 - 5 Years // Athletic Shoes Required

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

Instructor: Stacie Castillo

(3-4 years)

11600-A
9:00-9:30AM // F // 8WKS // 1/16 // \$28

(4-5 years)

11600-B
9:30-10:00AM // F // 8WKS // 1/16 // \$28

Instructor: Keely Castillo

(4-5 years)

11600-C
5:30-6:00PM // W // 8WKS // 1/14 // \$28

Music Maker - Winter Fun

3 - 5 Years // Supply Fee \$8

Music is a proven educator for children of all ages. Come learn how to march, dance, move and groove. Music helps your fine and gross motor skills, direction and spatial concepts. We will make a new instrument each week to take home.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11020-A
11:30-Noon // M // 8WKS // 1/12 // \$28

Phonics Fun - STEP 1

3 - 5 Years // Supply Fee \$5

Come one, come all to the big sounds of letters. You will learn pre-reading skills through games and activities that teach phonics.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11030-A
9:00-9:45AM // M // 8WKS // 1/12 // \$30

11030-B
9:00-9:45AM // TH // 8WKS // 1/15 // \$30

Phonics Fun - STEP 2

3 - 5 Years // Supply Fee \$5

Ready for some more phonics? Come take the next step of Phonics Fun and learn some more!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11035-A
10:30-11:15AM // M // 8WKS // 1/12 // \$30

11035-B
10:30-11:15AM // TH // 8WKS // 1/15 // \$30

Pre-School Athletics

4 - 6 Years // Athletic Shoes Required

Let's get moving this summer with Athletics! We will follow a typical PE format, including individual skills as well as team interaction.

Instructor: Tammy Slovensky

11300-A
11:00-11:30AM // TH // 8WKS // 1/15 // \$28

Science Fun

3 - 6 Years // Supply Fee \$10

Create some fun experiences using science and learn more about our planet, EARTH!

Instructor: Dottie Nicholson

11210-A
11:15-11:45AM // M // 8WKS // 1/12 // \$28

Science Fun 101

3 - 5 Years // Supply Fee \$5

We'll explore the world of science through exciting experiments. Science will knock your socks off.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11025-A
11:15-Noon // TH // 8WKS // 1/15 // \$32

»»» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

3 Years and Older Programs

Scissor Time

3.5 - 6 Years // Supply Fee \$5

Are you heading to Kindergarten soon? We will work on the motor skills required for using scissors to prep you for your big transition. We will make puppets, collages, and other projects each week. Safety scissors will be provided.

Instructor: Dottie Nicholson

11654-A

9:00-9:30AM // W // 8WKS // 1/14 // \$28

Tap for Tots

3 - 5 Years // Tap Shoes Required

In this class, your tot will become familiar with many of the single sound tap moves. We will also work on counting, tempo, distinguishing our right from our left and other foundational dance concepts.

Instructor: LaTisha Clay

11065-A

11:00-11:30AM // F // 8WKS // 1/16 // \$30

Tiny Dancer

3 - 4 Years // Ballet and Tap Shoes Required

Your tiny dancer will learn tap, ballet and rhythmic movements.

Instructor: Sherri Longino

11060-A

5:15-5:45PM // TH // 8WKS // 1/15 // \$28

11060-B

9:05-9:35AM // S // 8WKS // 1/17 // \$28



Ready for Kindergarten - Prep Program

4 - 5 Years // Supply Fee \$25

This program is designed to prepare your student for Kindergarten. The program meets Monday - Thursday from 8:30 - 2:30 p.m and is an on-going program following the HEB ISD School Calendar.

The class is structured like Kindergarten and prepares your child for their big step into formal education. The goal is to help each child develop a love of learning in a safe and caring environment. The children are exposed to reading, writing, math and science.

The teacher, Anne Stokes, graduated from Indiana University with a B.S. in Education, majoring in Elementary Education with a minor in Early Childhood Education and Reading. She taught Kindergarten and first grade for 9 years in the Dallas/Ft. Worth area. However, her true calling is Pre-schoolers and she began teaching this program in 2011 following the Leap Frog curriculum.

The monthly fee of \$295 is due by the first class of each month. If the fee is not paid by the first class of the month, the child is not able to participate in class. The class is limited to 12 children and is a school year commitment. A \$25 supply fee is due to the instructor on the first day of class in August and on the first day of class in January.

Instructor: Anne Stokes (Experienced and Certified School Teacher - B.S. in Education in Elementary Education and a minor in Early Childhood Education and Reading.)

11050-E : December

8:30AM-2:30PM // M-TH // 3WKS // 12/1 // \$222

11050-C : March

8:30AM-2:30PM // M-TH // 4WKS // 3/2 // \$222

11050-A : January

8:30AM-2:30PM // M-TH // 4WKS // 1/5 // \$295

11050-B : February

8:30AM-2:30PM // M-TH // 4WKS // 2/2 // \$295

3 Years and Older Programs



GYMNASTICS

Tumbling Tots I

3 - 4 Years

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

Instructor: Tammy Slovensky

31011-A
10:30-11:00AM // T // 8WKS // 1/13 // \$28
31011-B
10:30-11:00AM // W // 8WKS // 1/14 // \$28
31011-C
11:30-Noon // W // 8WKS // 1/14 // \$28
31011-D
10:30-11:00AM // TH // 8WKS // 1/15 // \$28
31011-E
10:30-11:00AM // F // 8WKS // 1/16 // \$28

Instructor: Miranda Slovensky

31011-F
10:30-11:00AM // M // 8WKS // 1/12 // \$28

Instructor: Meredith Flint

38011-G
5:00-5:30PM // T // 8WKS // 1/13 // \$28
38011-H
5:00-5:30PM // TH // 8WKS // 1/15 // \$28

Instructor: Milli Slovensky & Breanna McGranahan

38011-I
4:30-5:00PM // W // 8WKS // 1/14 // \$28

GYMNASTICS

Tumbling Tots II

4 - 6 Years

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

Instructor: Tammy Slovensky

31022-A
11:00-11:30AM // T // 8WKS // 1/13 // \$28
31022-B
11:00-11:30AM // W // 8WKS // 1/14 // \$28
31022-C
11:00-11:30AM // F // 8WKS // 1/16 // \$28

Instructor: Miranda Slovensky

31022-D
11:00-11:30AM // M // 8WKS // 1/12 // \$28

Instructor: Meredith Flint

31022-E
5:30-6:00PM // T // 8WKS // 1/13 // \$28
31022-F
5:30-6:00PM // TH // 8WKS // 1/15 // \$28



TX Dinosaurs

3 - 6 Years // Supply Fee \$10

If your little one "digs" dinos they will enjoy this class that explores the world of dinosaurs through stories, crafts, songs and play.

Instructor: Dottie Nicholson

FALL

11666-A
9:45-10:30AM // F // 8WKS // 1/16 // \$28

Yes, I Can Draw!

3 - 5 Years // Supply List

Yes, you can draw! You will develop your fine motor skills by putting your creativity to work through drawing.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11895-A

9:00-9:30AM // T // 8WKS // 1/13 // \$28

One-Time Classes Sweets for the Sweet

3 - 12 Years // Supply Fee \$10

Be my valentine? Come make some fun treats for your sweetheart!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

(3-5 years)

11444-A
10:00-11:30AM // S // 1WK // 2/7 // \$15

(5-12 years)

21110-A
Noon-2:00PM // S // 1WK // 2/7 // \$15

Youth Programs

3-In-1 Dance Combo Class

13+ Years // Ballet, Tap and Jazz Shoes Required

Are you looking for a class that has it all? You will get a taste of ballet, tap and jazz all in the same class!

Instructor: Sherri Longino

21300-A

11:20-12:20PM // S // 8WKS // 1/17 // \$32

GYMNASTICS

Advanced Beginner Gymnastics

7-10 Years

If you have taken Beginning Gymnastics and have mastered the basics, it's time to move into the more advanced levels.

Instructor: Meredith Flint

31062-A

6:00-7:00PM // T // 8WKS // 1/13 // \$32

31062-B

6:00-7:00PM // TH // 8WKS // 1/15 // \$32

Around the World Adventures

6-8 Years // Supply Fee \$10

Geography at its finest! Learn about other countries through games, music and more!

Instructor: Dottie Nicholson

21100-A

1:00-1:45PM // T // 8WKS // 1/13 // \$30

Ballet & Tap I

5 - 8 Years // Ballet and Tap Shoes Required

You will learn tap, ballet and rhythmic movements.

Instructor: Sherri Longino

21120-A

6:15-6:45PM // TH // 8WKS // 1/15 // \$28

21120-B

9:40-10:10AM // S // 8WKS // 1/17 // \$28

Ballet II

5 - 8 Years // Ballet Shoes Required

Have you taken Ballet & Tap I and are ready to learn more? Here is your chance to take your skills to the next level, focusing on Ballet. **Must have completed 2 sessions of Ballet & Tap I.**

Instructor: Sherri Longino

21125-A

10:15-10:45AM // S // 8WKS // 1/17 // \$28

Basic Art

7 - 12 Years // Supply Fee \$5

Explore different art projects from drawing to shading, sculpting, water coloring and much more!

Instructor: Keely Castillo

21050-A

5:00-5:30PM // W // 8WKS // 1/14 // \$28



Youth Programs

Basketball 101

7 - 12 Years // Athletic Shoes Required

Dribbling, passing and shooting are all part of the basics of basketball. Let's give it a try!

Instructor: Keely Castillo

21101-A

6:30-7:00PM // W // 8WKS // 1/14 // \$28

»»» Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.

GYMNASTICS

Beginner Gymnastics

5 - 10 Years

You will learn body control while performing the basic fundamentals of gymnastics and dance on the floor, beam, bars and vault.

Instructor: Miranda Slovensky

31051-A

6:00-7:00PM // T // 8WKS // 1/13 // \$32

31051-B

5:00-6:00PM // TH // 8WKS // 1/15 // \$32

Instructor: Meredith Flint

31051-C

4:00-4:00PM // T // 8WKS // 1/13 // \$32

31051-D

4:00-5:00PM // TH // 8WKS // 1/15 // \$32

Ceramics

6-12 Years // Supply Fee \$20

Learn about mold cast ceramics from start to finish! 3-4 pieces will be completed in this session.

Instructor: Dottie Nicholson

21720-A

4:00-5:00PM // T // 8WKS // 1/13 // \$36

Girls Volleyball Beginners Basics

8 - 12 Years // Athletic Shoes Required

Do you have an interest in playing volleyball? We will learn the basics to get you started.

Instructor: Keely Castillo

21035-A

7:00-7:30PM // W // 8WKS // 1/14 // \$28

Guitar for Youth

9 - 13 Years // Guitar Required

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility and strength. **Appropriate size guitar is required. Electronic clip-on tuners are suggested. Parents are welcome to participate.**

Instructor: Jan Ryberg

21020-B

4:45-5:30PM // M // 8WKS // 1/12 // \$70

Guitar Prep

5 - 8 Years

We will practice basic muscle memory, pitch and rhythm exercises laying the groundwork for good guitar technique. You will learn basic songs. **1/2 size guitar and parent participation required.**

Instructor: Jan Ryberg

21020-A

4:00-4:45PM // M // 8WKS // 1/12 // \$70



Youth Programs



Happy Snacking for Homeschoolers

6 - 10 Years // Supply Fee \$10

Recipes will include simple foods you can make yourself using minimal supplies.

Instructor: Dottie Nicholson

21555-A

11:35-12:20PM // F // 8WKS // 1/16 // \$30

Hippity-Hop Dance

5 - 8 Years

Interested in hip-hop dance? We will keep it fun and creative while learning basics.

Instructor: Sherri Longino

21333-A

5:45-6:15PM // TH // 8WKS // 1/15 // \$28

Homeschool Art

6 - 12 Years // Supply Fee \$10

Art is all around us. You will learn about different kinds of art, including painting, drawing and sculpting.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

21040-A

11:30-12:15PM // W // 8WKS // 1/14 // \$28

Homeschool Healthy Chef

6 - 12 Years // Supply Fee \$10

Come learn how to create a healthy breakfast, lunch and dinner.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

21060-A

12:15-1:15PM // W // 8WKS // 1/14 // \$30

Homeschool Science

6 - 8 Years // Supply Fee \$10

Homeschoolers join us for hands on experiments and learn about different Sciences.

Instructor: Dottie Nicholson

21190-A

2:00-2:45PM // T // 8WKS // 1/13 // \$30

Homeschool Science Fun: Things that Fly

5-12 Years // Supply Fee \$10

The sky is no longer the limit. Learn science by creating flying projects. We will be using physics and chemistry to create projects that fly.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

21180-A

1:45-2:30PM // M // 8WKS // 1/12 // \$28

Youth Programs



Homeschool Let's Get Moving

5-12 Years // Supply Fee \$10

We will get the blood moving with physical education.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

21222-A

1:00-1:45PM // M // 8WKS // 1/12 // \$30

ITF Taekwon-Do

5+ Years

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self-defense, self-control, discipline, stress relief, self-esteem and concentration.

Instructor: Bart Powell (member of ITF-Unified and Grandmaster Van Binh)

21700-A : White and Yellow Belts

9:05-10:05AM // S // 8WKS // 1/17 // \$56

21700-B : Advanced Belts

10:05-11:05AM // S // 8WKS // 1/17 // \$56

Judo - Basic Intro for Future Judokas

4.5 - 5 Years

Are you interested in judo, but not quite old enough for the big kid class? Here's a chance to start learning some of the basics to transition into older class once you turn six. Our class structure will include warming up our bodies, rolls, ground work and exercises.

Instructor: Kim Mesa (5th degree black belt and certified USA Judo International Coach)

21800-A

5:30-6:00PM // M // 8WKS // 1/12 // \$36

21800-B

5:30-6:00PM // W // 8WKS // 1/14 // \$36

Karate/Self-Defense

5 - 15 Years

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

Instructors: Bob Klavitter

21111-A : Beginner 8-15 Years

6:00-8:00PM // M // 8WKS // 1/12 // \$40

21111-B : Beginner 5-7 Years

4:00-5:00PM // MW // 8WKS // 1/12 // \$40

21111-C : Advanced 8-15 Years

5:00-6:00PM // MW // 8WKS // 1/12 // \$40

Youth Programs

Olympic Sport of Judo

6 - 12 Years

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 10-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an on-going monthly class with new students starting on the first Monday of the month.

Instructors: Kim Mesa (5th degree black belt and certified USA Judo International Coach)

DECEMBER

28900-D

6:00-7:00PM // MW // 4WKS // 12/1 // \$40

JANUARY

21900-A

6:00-7:00PM // MW // 4WKS // 1/5 // \$40

FEBRUARY

21900-B

6:00-7:00PM // MW // 4WKS // 2/2 // \$40

MARCH

21900-C

6:00-7:00PM // MW // 4WKS // 3/2 // \$40

Soccer Skills

7 - 12 Years // Athletic Shoes Required

Are you looking to improve your soccer skills? Grab your athletic shoes and ball, and let's get started! We will go over your basic skills and begin working on more advanced skills.

Instructor: Keely Castillo

21500-A

6:00-6:30PM // W // 8WKS // 1/14 // \$28



Tap II

5 - 8 Years // Tap Shoes Required

Have you taken Ballet & Tap I and are ready to learn more? Here is your chance to take your skills to the next level, focusing on Tap. **Must have completed 2 sessions of Ballet & Tap.**

Instructor: Sherri Longino

21165-A

10:50-11:20AM // S // 8WKS // 1/17 // \$28

Volleyball

6 - 14 Years // Athletic Shoes Required

Beginners fundamentals focusing on basic position work, serving and general ball handling.

Instructors: Milli Slovensky & Breanna McGranahan (Current varsity players with 5 years club experience.)

6-8 Years

21025-A

5:30-6:00PM // M // 8WKS // 1/12 // \$28

8-10 Years

21025-B

6:00-6:30PM // M // 8WKS // 1/12 // \$28

21025-C

9:05-9:50PM // S // 8WKS // 1/17 // \$30

11-14 Years

21025-D

9:55-10:40PM // S // 8WKS // 1/17 // \$30

Water Color Fun

5 - 12 Years // Supply Fee \$10

Calling all kids! Come explore your creative side by creating your very own watercolors. You will learn about color combinations and different applications

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

21090-A

5:30-6:20PM // T // 8WKS // 1/13 // \$30

Yes, I Can Draw!

5 - 12 Years // Supply List

Yes, you can draw! You will learn how to draw using drawing pencils, colors and paper.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

21005-A

4:30-5:20PM // T // 8WKS // 1/13 // \$30



Adult Programs

Belly Dance: Step 1 Its Foundations

13+ Years

Whether you have been dancing all your life and taken other belly dance classes, or are just starting out in dance, this class is for you! In this class you will learn the basics of Improv Tribal Style belly dance (ITS) with an introduction to the fundamentals of tribal movement, partner work, isolations, strength-building and drills for muscle memory. Geared toward the new student, but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the Tribal Evolution troupe format. This is a low-impact dance class suitable for all body types.

Instructor: Tiffany Skalberg

41200-A
7:00-8:00PM // T // 8WKS // 1/13 // \$56

Belly Dance: Step 2 More Its

13+ Years

Take your newfound belly dance skills and challenge yourself at this next step in your dance explorations. In this class the emphasis is on refinement. We will cover more complex drills and improv combinations, building on what you have learned in the Foundations class. We will use live music for this class, affording you the opportunity to also learn to use percussion instruments (in the form of zills) to dance. **This class is best used in combination with Step 1 ITS Foundations as there is no breakdown of the foundation steps. Please complete at least one session of Step 1 before registering for Step 2.**

Instructor: Tiffany Skalberg

41224-A
8:00-9:00PM // T // 8WKS // 1/13 // \$56

Belly Dance: Step 3 Take it to the Stage

13+ Years

Now that you have perfected your dance skills in Step 1 and Step 2, you are ready to create a performance. This class will focus on taking your ITS vocabulary and making it show-worthy by adding props, staging, and interaction with a band. You will also learn to use props such as the veil, skirt, sword and zills. **Please complete at least one session of Step 1 and 2 before registering for Step 3.**

Instructor: Tiffany Skalberg

41222-A
9:00-9:45PM // T // 8WKS // 1/13 // \$56

Belly Dance - Tribal Evolution

This class covers the unique Improv Tribal Style of Tribal Evolution Belly Dance Company. This class is a professional performance-level class that will teach you to include props, musical interpretation, musician interaction, staging and show layout. **Instructor approval required.**

Instructor: Tiffany Skalberg

41226-A
8:00-9:45PM // TH // 8WKS // 1/15 // \$46



Tri City Promenaders

Did you know that the Tri City Promenaders offers square dance lessons at Brookside Center on Tuesday nights from 7:30-9:30 p.m.? Drop by and give it a try! Email tricitypromenaders@gmail.com for more information.

Boot Camp

13+ Years

Today's the day to achieve the goal you have been putting off. Come early and then have your whole day to be proud of what you accomplished that morning. Boot camp is for everyone. You will get help getting past those plateaus, achieve your goals and get to be a fitter YOU! Come tone and tighten with a variety of workouts including core strength, stability ball, weights, steps, circuits, interval training and much more. Decide today that YOU ARE WORTH IT!

Instructors: Behka Hartmann (Certified Fitness Instructor)

DECEMBER
48420-D
6:35-7:30AM // MW // 4WKS // 12/1 // \$25

JANUARY
41420-A
6:35-7:30AM // MW // 4WKS // 1/5 // \$25

FEBRUARY
41420-B
6:35-7:30AM // MW // 4WKS // 2/2 // \$25

MARCH
41420-C
6:35-7:30AM // MW // 4WKS // 3/2 // \$25

Boot Camp 101

This camp is a combination of strength, cardio, muscle endurance, flexibility, core and functional movement patterns, giving you EVERYTHING you need! Bootcamp is about a team environment where both your trainer and fellow Bootcampers motivate and challenge you to reach your highest potential! Designed to get you fit, get you healthy, challenge your mind, challenge your body and most importantly MAKE FITNESS FUN!

Instructor: Amy Sisler (Certified Personal Trainer)

41005-A
5:30-6:15PM // MW // 4WKS // 1/5 // \$35

41005-B
5:30-6:15PM // MW // 4WKS // 2/2 // \$35

41005-C
5:30-6:15PM // MW // 4WKS // 3/2 // \$35

Adult Programs

Brush & Palette

Supply List

Express your talent through the art of oil painting! Basic strokes, color mixing and application will be covered.

Instructor: Elaine Roosz

41110-A

6:30-9:00PM // T // 8WKS // 1/13 // \$50

Cycle Circuit

Want to crank up your workout, metabolism and energy? Come join us for a blend of cycle and circuit training perfect for fitness at any level. Bring water, a towel and determination!

Instructor: Angela Pond (Certified Fitness Trainer)

41300-A

5:45-6:35PM // T // 8WKS // 1/13 // \$36

Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

Instructor: Karen Cowley

41010-A

8:30-9:15AM // MTThF // 8WKS // 1/12 // \$30

Fitness Evaluations

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility and body composition. A one hour session is \$41. All evaluations are done by appointment.

Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)

Flow & Strength

Come challenge yourself to grow in flexibility, strength and calmness using yoga, pilates and core movement to improve your health.

Instructor: Esther White (MS, RD, LD)

41060-A

12:10-12:50PM // MW // 8WKS // 1/12 // \$36

Guitar

14+ Years // Guitar Required

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility and strength. We will learn songs using finger-picking, flat-picking and classical techniques.

Instructor: Jan Ryberg

41888-A

5:30-6:15PM // M // 8WKS // 1/12 // \$70

Hatha Yoga

Don't Eat 2 Hours Prior // Yoga Mat

Learn more about yourself from the inside out with the tools of yoga. Increase your flexibility, balance and tone your body. Discover the technique of breath control, centering and meditation.

Instructor: Behka Hartmann, Certified Personal Trainer/Fitness Instructor

41100-A

10:15-11:10PM // M // 8WKS // 1/12 // \$32

41100-B

10:15-11:10PM // F // 8WKS // 1/16 // \$32

Hurst Hustlers Running Club

Come join runners, joggers and walkers of all levels for a challenging workout using hills, speed work, distance and drills. You will learn how to run and how to stay injury free all while having fun! This is the perfect way to make friends and meet your running goals.

Instructor: Esther White (MS, RD, LD)

41001-A

6:15-7:15PM // M // 8WKS // 1/12 // \$30

ITF Taekwon-Do

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self defense, self control, discipline, stress relief, self esteem and concentration.

Instructor: Bart Powell (member of ITF-Unified and Grandmaster Van Binh)

21700-A : White and Yellow Belts

9:05-10:05AM // S // 8WKS // 1/17 // \$56

21700-B : Advanced Belts

10:05-11:05AM // S // 8WKS // 1/17 // \$56

Mix It Up Aerobics

Come have fun getting in shape with this versatile class. We do a variety of fun cardio and strength work to keep it fun, interesting and challenging. If you have never exercised before or if you have been for years, this class is for you! Come mix it up with us and have a great time achieving your goals!

Instructor: Behka Hartmann (Certified Fitness Instructor)

41040-A

9:15-10:10AM // MWF // 8WKS // 1/12 // \$45

Adult Programs

Nutrition Counseling

One-Hour Session \$55 // Three Sessions \$130

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders, and general wellness. All evaluations are done by appointment.

Instructor: Esther White (MS, RD, LD)

Olympic Sport of Judo

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class. New students start the first Monday of the month.

Instructor: Kim Mesa (5th degree Black Belt and certified USA Judo International Coach)

DECEMBER

48800-C

7:00-8:30PM // MW // 4WKS // 12/1 // \$40

JANUARY

41800-A

7:00-8:30PM // MW // 4WKS // 1/5 // \$40

FEBRUARY

41800-B

7:00-8:30PM // MW // 4WKS // 2/2 // \$40

MARCH

41800-C

7:00-8:30PM // MW // 4WKS // 3/2 // \$40

Personal Training

One-Hour Session \$41 // Five Sessions \$172

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. Sessions are set by appointment.

Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)

Resting Metabolic Rate Test

By Appointment Only // Test Fee \$60

Are you wondering how many calories your body is actually burning? The Resting Metabolic Rate Test is a scientific test that determines how many calories your body needs at rest. The test is specific to your body and its unique needs. Knowing your Resting Metabolic Rate can help you fine tune your eating patterns so you can finally lose the unwanted pounds or put on lean muscle mass. The test is done by appointment.

Instructor: Angela Pond (Certified Personal Trainer)

Scaravelli Yoga

Bring Blanket and Yoga Mat

Learn to elongate and extend comfortably into poses by using gravity and your breath. This user-friendly style of yoga will teach you how to relax.

Instructors: Julie Vela (Certified and Registered with Yoga Alliance)

41100-C

8:15-9:15PM // W // 8WKS // 1/14 // \$32

Scaravelli Intermediate

Bring Blanket and Yoga Mat

Are you ready to deepen your yoga practice? Experience steadiness and ease while learning intermediate poses.

Instructors: Julie Vela (Certified and Registered with Yoga Alliance)

41100-D

7:05-8:00PM // W // 8WKS // 1/14 // \$32

Slim It Out, Tone It Up

Join us for a fun, challenging and fast-paced workout that uses different moves and equipment to target every muscle in your body. You will walk out with a smile on your face and a little sweat on your shirt!

Instructor: Esther White (MS, RD, LD)

41015-A

6:35-7:25AM // TTh // 8WKS // 1/13 // \$32

41015-B

12:10-12:50PM // TTh // 8WKS // 1/13 // \$32

Spin and Sweat

Join us for spinning! Turn the basics of cycling into a great cardio workout that burns calories and fat. Get ready to work hard and sweat like crazy!

Instructor: Angela Pond (Certified Personal Trainer)

41444-A

9:00-9:45PM // T // 8WKS // 1/13 // \$36

41444-B

5:30-6:15PM // TH // 8WKS // 1/15 // \$36

Adult Programs



Tai Chi

The Wednesday evening class will focus on the basics of Tai Chi. Emphasis will be on relaxation, balance and making the mind-body connection necessary in Tai Chi. Class will study the movements of the first section of the Yang long form. The Saturday morning class is for advanced students who have a working understanding of the Yang-style 103-movement form.

Instructor: David Roark

DECEMBER

48070-D

7:00-8:30PM // W // 4WKS // 12/3 // \$30
9:05-11:00AM // S

JANUARY

41070-A

7:00-8:30PM // W // 4WKS // 1/7 // \$30
9:05-11:00AM // S

FEBRUARY

41070-B

7:00-8:30PM // W // 4WKS // 2/4 // \$30
9:05-11:00AM // S

MARCH

41070-C

7:00-8:30PM // W // 4WKS // 3/4 // \$30
9:05-11:00AM // S

The Power Package

By Appointment Only // Four Sessions \$145

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes 2 sessions focused on nutrition with a customized diet plan and 2 sessions focused on fitness with an evaluation and personal exercise plan. All evaluations are done by appointment.

Instructor: Esther White (MS, RD, LD) and Behka Hartmann (Certified Personal Trainer/Fitness Instructor)

Zumba

13+ Years

This class can only be described as FUN! If you want to party, laugh and have a great time while you lose those unwanted inches, come and join us! The Latin inspired, easy-to-follow, calorie burning, dance fitness party. Feel the music and let loose. Every day of class is a whole new set of dancing and fun.

Instructor: Behka Hartmann (Certified Fitness Instructor)

41065-A

6:05-7:00PM // MW // 8WKS // 1/12 // \$45

Zumba - Gold Toning

Come learn the basic techniques of Zumba in this energizing fitness class by getting your groove on! This is a great way for all ages to get started in Zumba or if you need a lower intensity. We'll use the musical maraca sounding toning sticks to bump up the work out by adding resistance. It's great for the mind, body and soul!

Instructor: Behka Hartmann (Certified Fitness Instructor)

41050-A

7:30-8:25AM // TTH // 8WKS // 1/13 // \$40



« CLASS REGISTRATION

Registration Policy

Walk-in registration beginning on **December 15**, at **7:00 a.m.** is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills and Euless whose mail is delivered to a Hurst "address" are not eligible to register until December 22 at 7:00 a.m. Residency is defined by living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Nonresidents will be able to register beginning on December 22. Out of fairness to all citizens of our community, you may only register the members of your household.

Classes begin the week of January 12

(unless otherwise indicated)

Sign Up To Register Online

That's right – you can save time and register your entire family online! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your **Hurst water bill, Hurst property tax statement or Hurst apartment lease and your photo ID** as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our online registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your user name and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out. Then you will be ready to register online the day registration starts!

Help Us Help You! PLEASE ENROLL EARLY!

Help us keep your favorite classes around by enrolling early. There is a point when a course must be cancelled due to low enrollment. Help us prevent course cancellations by registering early!

Walk-In Registration Times

Monday-Thursday: 7:00AM-9:00PM

Friday: 7:00AM-5:00PM

Saturday: 9:30AM-5:00PM

Sunday: 1:30PM-5:00PM

Confirmations

When you register by mail or fax, you will receive a confirmation notice through the postal mail. You will be notified of the designated classes that are not available. If the class is not available, you may select a second choice. If you register online, you may print a copy of your receipt.

Refund Policy

When you sign up for one of our classes, we depend on your participation for a successful class. If you have an unforeseen circumstance and cannot attend your class, we will gladly refund your fee with 72 hours notice prior to the start of the class. Thank you for your cooperation.

Weather Policy

In case of inclement weather, the Hurst Recreation Center will not conduct classes if the HEB Independent School District cancels its classes for the day.

Supply Lists

Some of our classes require a supply list. These classes are noted in this magazine. You will receive a supply list when you register. For mailed registrations, a list will be included with your confirmation letter. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

CLASS REGISTRATION FORM

HEAD OF HOUSEHOLD

EMAIL ADDRESS

STREET ADDRESS

APT #

CITY

STATE / ZIP

HOME PHONE

WORK PHONE

PARTICIPANT'S NAME	DOB	GENDER	CLASS #	CLASS FEE
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
			Subtotal	\$

GRAND TOTAL

Non-Resident Fee of \$2 per class

 _____ x \$2
 # OF CLASSES

= \$ _____

+ Subtotal \$ _____ =

Total Due \$ _____

PAYMENT METHOD

☐ CHECK

☐ CREDIT CARD

☐ CASH

CHECK NUMBER: _____

 CARD TYPE: ☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

 MAIL TO: Hurst Parks and Recreation
 Class Registration

 MAKE CHECKS PAYABLE TO:
 City of Hurst

CARD NUMBER: _____ - _____ - _____ - _____

700 Mary Drive, Hurst, TX 76053

EXPIRATION DATE: ____ / ____

For the valuable consideration of being allowed to participate in the City of Hurst Parks and Recreation Department's program or use the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from an injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I DO FULLY RELEASE, INDEMNIFY, AND HOLD HARMLESS, THE CITY, ITS EMPLOYEES AND OFFICERS FROM THEIR OWN NEGLIGENCE FOR FAILURE TO PROPERLY DESIGN, INSPECT, OR MAINTAIN THE EQUIPMENT, OR SUPERVISE THE ACTIVITIES TO BE ENGAGED IN OR EQUIPMENT TO BE USED BY THE UNDERSIGNED, AND FOR ANY ACTS OF THIRD PARTIES. The City does not provide any medical or other insurance protection benefits for those who use the recreational equipment or engage in activities on City Premises.

BY SIGNING THE RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT

DATE

SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18

DATE



Daddy & Daughter Valentine's Ball

Sunday, February 8, 2015 // 3:00-5:00PM // Hurst Recreation Center, 700 Mary Drive

Tickets are \$15 per couple and \$8 per additional daughter.

Tickets go on sale January 12, 2015 at 8:00AM at the Hurst Recreation Center's Administrative Office.

For more information, call 817-788-7320.

Trout Stockings at Chisholm Park

The Texas Parks and Wildlife Department will stock Chisholm Park Pond with trout again this winter. Please check Texas Parks and Wildlife Department website, Neighborhood Fishin', at www.neighborhoodfishin.org.

STOCKING SCHEDULE

- November 28
- December 23
- January 23

- February 20

Stocking schedule changed to once per month to try and decrease the cormorant mortality of the trout.

Mission Statement

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage lifelong learning, fitness and fun.

Parks and Recreation Board

Chairman:
Alan Neace

Vice Chair:
Delbert Derrett

Carol Cole
Ralph Hurd
Pat King
Rod Robertson

Karen Spencer
Bob Walker
Hank Williams

Recreation Staff

Recreation Director:
Chris Watson

Recreation Managers:
Kim Mesa
Amy Sisler
Kristie Weaver

Recreation Supervisor:
Mary Singleton

Senior Secretary:
Paige Lutz

Recreation Receptionists:
Melanie Cox
Susan Derr

Recreation Attendants:
Marissa Benson
Dakota Ford
Rudy Garcia
Vickie Gill
Luke Grimsley
Michael Kearney
Shana Sanders
Emily Stacey
Cheryl Thompson

Facility Maintenance:
Judy Arellano

Recreation Specialist:
Lauren Ferguson



Youth Sports Associations

Tri-Cities Baseball Association

TCBA 817-285-0200

www.tcbabaseball.com

MidCities Basketball Association

MCBA 817-354-6208

www.midcitiesbasketball.org

Hurst United Soccer Association

HUSA 817-504-7479

www.hurstunited.com

MidCities PeeWee Football & Cheerleading Association

817-282-2390

www.midcitiespeeeweefootball.org

Adult Sports Registration Information

Teams may register in person at the Recreation Administration Office located inside the Hurst Recreation Center, 700 Mary Drive. Hours are Monday, Wednesday and Friday from 8:00 a.m. to 5:00 p.m. and Tuesday and Thursday from 8:00 a.m. to 6:00 p.m. For more information, please call 817-788-7320. Registration information and rules are located online at www.teamsideline.com/hurst.

Adult Softball

Spring League Registration

Returning Team Registration: January 26-27

Teams that played in Hurst in 2014

Open Registration: January 28-February 13

Entry Fee: \$360 for a 10-game season

With city playoffs

League Schedules: Available February 18, 4:00PM

League Begins: Monday, February 23

League Nights:

Monday – Men's & Women's

Tuesday – Men's & Co-ed

Wednesday – Men's & Co-ed

Thursday – Men's & Co-ed

Friday – Men's Church, Men's & Co-ed

Adult Men's Basketball

Winter League Registration

Returning Team Registration: January 5-6

Teams that played in Hurst in 2014

Open Registration: January 7-16

Entry Fee: \$275 for a 7-game season

With playoffs for teams that qualify

League Schedules: Available January 21, 4:00PM

League Begins: Tuesday, January 27

League Nights:

Tuesday – Men's

Thursday – Men's

* Registration and/or start dates may be adjusted to accommodate weather related delays.



Healthy Hurst *Online Wellness Program*

Healthy Hurst is the City of Hurst's community-wide wellness initiative. With the use of the information and links available on the City of Hurst's Healthy Hurst webpage, participants can increase their health, wellness and fitness.

Healthy Hurst is a FREE program, and all participants receive a Healthy Hurst t-shirt at the time of registration. Participants are encouraged to register for the various FREE events that are offered throughout the year as part of the Healthy Hurst Program.

The Healthy Hurst program is open to all Hurst residents, as well as non-residents who have purchased a Hurst Recreation Center Annual Pass. Incentive awards are available to all participants as they track and log their fitness activities!

The Healthy Hurst webpage has a myriad of tips and information on nutrition, fitness, wellness and health. Give it a try today! Let Healthy Hurst help you get started toward your wellness, health and fitness goals! For more information on the Healthy Hurst program, contact the Hurst Recreation Center at 817-788-7325.

Healthy Hurst – Lose the LB's Fitness Challenge

Start 2015 off right with your fitness resolution. You can get started toward your healthy lifestyle in the Healthy Hurst "Lose the LB's" Fitness Challenge.

Participants can choose to log their workouts and/or track their weight loss during the 2015 "Lose the LB's" Fitness Challenge. Incentive awards are given based on level of participation. Register for the Healthy Hurst Wellness Program at no charge, and keep track of your workouts and weight loss between January 2 and February 28, 2015 to be eligible for incentive awards. For more information, please call 817-788-7325.

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Fall/Winter Operating Hours

(beginning November 10, 2014)

Monday-Thursday: 8:00AM-9:00PM

Friday: 8:00AM-6:00PM

Saturday & Sunday: 9:00AM-6:00PM

Hurst Tennis Center

701 Mary Drive, Hurst, TX

817-788-7330

Hurst Tennis Center Staff

Tennis Attendants:

Shelby Barturng
Cameron Bodily
Sean Burke
Taylor Cooper
Trent Pence

Tennis Instructors:

John Schildt
Michael Seybold, USPTA
Greg Smith

Tennis Center Coordinator:

Austin Wynne, USPTA

Head Tennis Professional:

Kelly Langdon, USPTA

Upcoming Tournaments

Winter Mid-Cities Junior Circuit
TBA

Hurst Junior Open Tournament
April 11-12

Winter Adult Tennis Leagues

Winter adult leagues begin February 10. Register by January 13. The cost is \$25 per person. For more information, call the Hurst Tennis Center.



- Lessons and team drills for all ages and abilities
- 10 lighted outdoor courts
- USRSA racquet stringers
- Ball machine rental
- USPTA-certified instructors available
- USTA adult leagues

How About A Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

Lessons with City of Hurst Head Professional Kelly Langdon, USPTA

Lessons with tennis instructors Greg Smith; Mike Seybold, USPTA; John Schildt.

\$30 Per Half Hour

\$52 Per Hour

\$184 For Series Of 4 Lessons

\$26 Per Half Hour

\$50 Per Hour

\$180 For Series Of 4 Lessons

The Tennis Center Staff also offers group lessons: \$90 for 1½ hour and \$60 for 1-hour group lessons for league teams.

Racquet Stringing

The Tennis Center has a large choice of strings and accessories for your racquet needs. We offer fast service and have three United States Racquet Stringer's Association certified stringers on staff.

Youth

Quickstart Tennis

6 Years and Under // 1 Can of Unopened Balls

An Introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

Instructors: Michael Seybold, USPTA; and Staff

81601-A	5:00-5:30PM	//	M	//	4WKS	//	1/5	//	\$28
81601-B	5:00-5:30PM	//	M	//	4WKS	//	2/2	//	\$28
81601-C	5:00-5:30PM	//	M	//	4WKS	//	3/2	//	\$28
81602-A	5:00-5:30PM	//	W	//	4WKS	//	1/7	//	\$28
81602-B	5:00-5:30PM	//	W	//	4WKS	//	2/4	//	\$28
81602-C	5:00-5:30PM	//	W	//	4WKS	//	3/4	//	\$28

Junior Beginner Tennis

7+ Years // 1 Can of Unopened Balls

A fun class for beginners. Learn the forehand, backhand, serve and volley. Kids will play plenty of fun games.

Instructors: Michael Seybold, USPTA; and Staff

81502-A	5:30-7:00PM	//	M	//	4WKS	//	1/5	//	\$72
81502-B	5:30-7:00PM	//	M	//	4WKS	//	2/2	//	\$72
81502-C	5:30-7:00PM	//	M	//	4WKS	//	3/2	//	\$72
81503-A	5:30-7:00PM	//	W	//	4WKS	//	1/7	//	\$72
81503-B	5:30-7:00PM	//	W	//	4WKS	//	2/4	//	\$72
81503-C	5:30-7:00PM	//	W	//	4WKS	//	3/4	//	\$72

Advanced Beginner/ Intermediate Junior Tennis

10 Years and Up // 1 Can of Unopened Balls

For players who have had prior instruction and are looking to improve their overall game. Singles and doubles techniques and tactics.

Instructors: Kelly Langdon, USPTA; and Staff

81504-A	5:30-7:00PM	//	TH	//	4WKS	//	1/8	//	\$72
81504-B	5:30-7:00PM	//	TH	//	4WKS	//	2/5	//	\$72
81504-C	5:30-7:00PM	//	TH	//	4WKS	//	3/5	//	\$72

Adult

Adult Beginner Clinic

1 Can of Unopened Balls

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new unopened balls to first class.

Instructors: Kelly Langdon, USPTA; and Staff

81508-A	9:30-11:00AM	//	W	//	4WKS	//	1/7	//	\$72
81508-B	9:30-11:00AM	//	W	//	4WKS	//	2/4	//	\$72
81508-C	9:30-11:00AM	//	W	//	4WKS	//	3/4	//	\$72
81505-A	7:00-8:30PM	//	W	//	4WKS	//	1/7	//	\$72
81505-B	7:00-8:30PM	//	W	//	4WKS	//	2/4	//	\$72
81505-C	7:00-8:30PM	//	W	//	4WKS	//	3/4	//	\$72
81509-A	9:30-11:00AM	//	S	//	4WKS	//	1/10	//	\$72
81509-B	9:30-11:00AM	//	S	//	4WKS	//	2/7	//	\$72
81509-C	9:30-11:00AM	//	S	//	4WKS	//	3/7	//	\$72

Adult Intermediate Clinic

1 Can of Unopened Balls

This class is for adults who want to build on existing skills. You will practice all shots and learn techniques and tactics.

Instructors: Kelly Langdon, USPTA; and Staff

81506-A	7:00-8:30PM	//	W	//	4WKS	//	1/7	//	\$72
81506-B	7:00-8:30PM	//	W	//	4WKS	//	2/4	//	\$72
81506-C	7:00-8:30PM	//	W	//	4WKS	//	3/4	//	\$72

Men's 4.0 & Above Drop-In Drill

Minimum of 3 Players

This drill class is designed to work on both singles and doubles point play situation. Get a great workout while getting ready for your next competition. **A minimum of three players is needed for the class to make. Players must call and register 24 hours in advance. Players should call the tennis center on Thursday to ensure the class has made.**

Instructors: Kelly Langdon, USPTA; Austin Wynne, USPTA; and Staff

7:00-8:30PM // TH // Drills Start 2/19 // \$12

Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.

Taking Care of City Parks

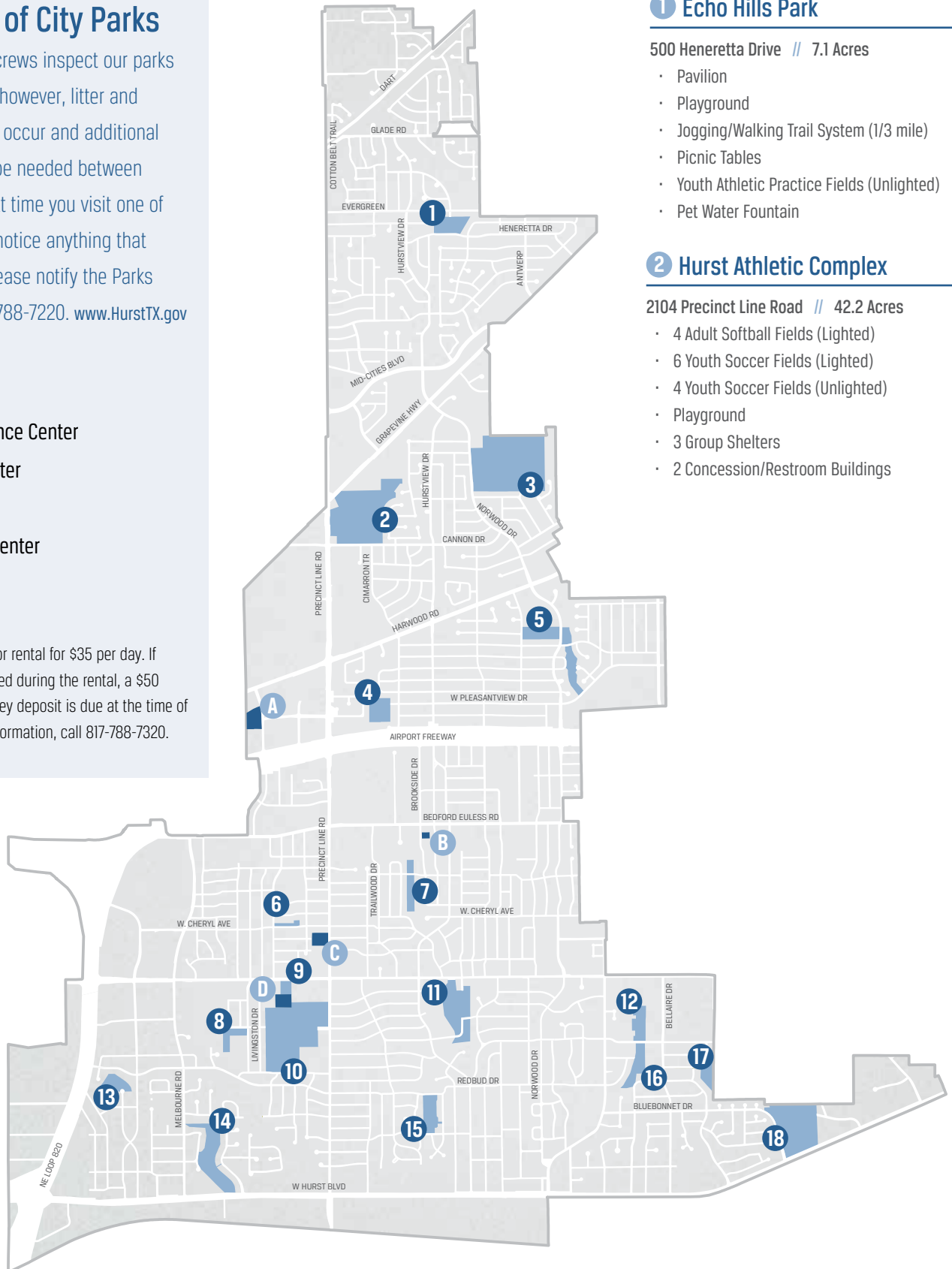
We make sure our crews inspect our parks on a regular basis, however, litter and vandalism still may occur and additional maintenance may be needed between crew visits. The next time you visit one of our parks and you notice anything that needs attention, please notify the Parks Department at 817-788-7220. www.HurstTX.gov

Facilities

- A** Hurst Conference Center
- B** Brookside Center
- C** Hurst Library
- D** Hurst Senior Center

Park Pavilions

Pavilions are available for rental for \$35 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation. For more information, call 817-788-7320.



3 Chisholm Park

2200 Norwood Drive // 50 Acres

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

4 Smith-Barfield Park

640 Pleasantview Drive // 6.9 Acres

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

5 Mayfair Park

1725 Norwood Drive // 14.4 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/4 mile)
- Youth Athletic Fields (Unlighted)
- Pet Water Fountain

6 Windmill Park

840 W. Cheryl Avenue // 2 Acres

- Historical Marker

7 Valentine Park

610 Bedford Court West // 4 Acres

- Youth Athletic Practice Field (Unlighted)

8 Hurst Hills Park

575 Billie Ruth Lane // 4 Acres

9 HERITAGE VILLAGE PARK

841 W. Pipeline Road

- Historical Plaza
- Picnic Table
- 2 Decorative Water Fountains

10 Hurst Community Park

601 Precinct Line Road // 44.9 Acres

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

11 Central Park

700 block of Mary Drive // 17.5 Acres

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

12 Vivagene Copeland Park

501 Pecan Drive // 5.2 Acres

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

13 Jaycee-Baker Park

500 Belmont Drive // 4.1 Acres

- Playground
- Picnic Tables
- Pavilion
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

14 Billy Creek Park

161 Billy Creek Drive

15 Redbud Park

525 Redbud Drive // 7.2 Acres

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 miles)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

16 Bellaire Park

500 Pecan Drive // 6.4 Acres

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

17 Wan-Ka-Kani Park

748 Shady Lane // 4.1 Acres

- Picnic Tables

18 Rickel Park

1001 Bluebonnet Drive // 29 Acres

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- Playground
- 2 Pet Water Fountains



City of Hurst
1505 Precinct Line Rd.
Hurst, TX 76054

PRESORTED STANDARD
U.S. POSTAGE PAID
HURST, TX PERMIT NO. 21

Winter 2015

RECREATION CLASS SCHEDULE

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage life-long learning, fitness and fun.

